

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 10:45 Church Service - TV</p> <p>1:30 - 2:30 Football & Fingernails</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 3:45 Puzzles & Games</p> <p>6:30 - 7:15 Evening Activity</p>	<p>2</p> <p>9:00 (MW) Exercise</p> <p>9:30 - 10:00 Monday Mind Time</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Baking Corner</p> <p>1:15 - 2:15 Bus Outing</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>2:30 - 3:30 Arts & Crafts</p> <p>3:30 - 4:30 Up and Active Skills</p> <p>6:30 - 7:15 Evening Activity</p>	<p>3</p> <p>9:00 (MW) Exercise</p> <p>9:30 - 10:00 Tuesday's Top 10</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 Holiday Crafts</p> <p>1:00 - 1:30 Quiet Moments/Rosary</p> <p>1:30 - 2:30 Nail & Hand Care</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 4:15 Up and Active</p> <p>6:30 - 7:15 Evening Activity</p>	<p>4</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 Bowling - AL</p> <p>1:30 - 2:30 Holiday Projects</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 4:00 Songs at the Piano</p> <p>6:30 - 7:15 Evening Activity</p>	<p>5</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 (BAL) Balcony Fishing - AL</p> <p>11:00 - 11:30 Baking Corner</p> <p>1:15 - 2:15 Puzzles & Games</p> <p>2:00 - 3:00 (DR) Magic Show</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:30 - 4:30 BINGO</p> <p>6:30 - 7:15 Evening Activity</p>	<p>6</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Friday Fun Facts</p> <p>1:00 - 1:45 Quiet Moments</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 3:45 Up & Active</p> <p>6:30 - 7:15 Evening Activity</p>	<p>7</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Baking Corner</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>2:45 - 4:00 Up and Active</p> <p>3:30 - 4:30 Saturday Matinee</p> <p>6:30 - 7:15 Evening Activity</p>
<p>8</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 10:45 Church Service - TV</p> <p>1:30 - 2:30 Football & Fingernails</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 3:45 Puzzles & Games</p> <p>6:30 - 7:15 Evening Activity</p>	<p>9</p> <p>9:00 (MW) Exercise</p> <p>9:30 - 10:00 Monday Mind Time</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Baking Corner</p> <p>1:15 - 2:15 Bus Outing</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>2:30 - 3:30 Arts & Crafts</p> <p>3:30 - 4:30 Up and Active Skills</p> <p>6:30 - 7:15 Evening Activity</p>	<p>10</p> <p>9:00 (MW) Exercise</p> <p>9:30 - 10:00 Tuesday's Top 10</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 Holiday Crafts</p> <p>1:00 - 1:30 Quiet Moments/Rosary</p> <p>1:30 - 2:30 Nail & Hand Care</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 4:15 Up and Active</p> <p>6:30 - 7:15 Evening Activity</p>	<p>11</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 Bowling - AL</p> <p>1:30 - 2:30 Holiday Projects</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 4:00 Songs at the Piano</p> <p>6:30 - 7:15 Evening Activity</p>	<p>12</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 (BAL) Balcony Fishing - AL</p> <p>11:00 - 11:30 Baking Corner</p> <p>1:15 - 2:15 Puzzles & Games</p> <p>2:00 (DR) Tom Brown Pianolist</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:30 - 4:30 BINGO</p> <p>6:30 - 7:15 Evening Activity</p>	<p>13</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Friday Fun Facts</p> <p>1:00 - 1:45 Quiet Moments</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 3:45 Up & Active</p> <p>6:30 - 7:15 Evening Activity</p>	<p>14</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Baking Corner</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>2:45 - 4:00 Up and Active</p> <p>3:30 - 4:30 Saturday Matinee</p> <p>6:30 - 7:15 Evening Activity</p>
<p>15</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 10:45 Church Service - TV</p> <p>1:30 - 2:30 Football & Fingernails</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 3:45 Puzzles & Games</p> <p>6:30 - 7:15 Evening Activity</p>	<p>16</p> <p>9:00 (MW) Exercise</p> <p>9:30 - 10:00 Monday Mind Time</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Baking Corner</p> <p>1:15 - 2:15 Bus Outing</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>2:30 - 3:30 Arts & Crafts</p> <p>3:30 - 4:30 Up and Active Skills</p> <p>6:30 - 7:15 Evening Activity</p>	<p>17</p> <p>9:00 (MW) Exercise</p> <p>9:30 - 10:00 Tuesday's Top 10</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 Holiday Crafts</p> <p>1:00 - 1:30 Quiet Moments/Rosary</p> <p>1:30 - 2:30 Nail & Hand Care</p> <p>1:45 (DR) Steve Elston</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 4:15 Up and Active</p> <p>6:30 - 7:15 Evening Activity</p>	<p>18</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 Bowling - AL</p> <p>1:30 - 2:30 Holiday Projects</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 4:00 Songs at the Piano</p> <p>6:30 - 7:15 Evening Activity</p>	<p>19</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>10:30 - 11:15 (BAL) Balcony Fishing - AL</p> <p>11:00 - 11:30 Baking Corner</p> <p>1:15 - 2:15 Puzzles & Games</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:30 - 4:30 BINGO</p> <p>6:30 - 7:15 Evening Activity</p>	<p>20</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Friday Fun Facts</p> <p>1:00 - 1:45 Quiet Moments</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>3:00 - 3:45 Up & Active</p> <p>6:30 - 7:15 Evening Activity</p>	<p>21</p> <p>9:00 (MW) Exercise</p> <p>10:00 - 10:15 Morning Refresher</p> <p>11:00 - 11:45 Baking Corner</p> <p>2:15 - 2:30 Afternoon Refreshments</p> <p>2:45 - 4:00 Up and Active</p> <p>3:30 - 4:30 Saturday Matinee</p> <p>6:30 - 7:15 Evening Activity</p>

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29 9:00 (MW) Exercise 10:00 - 10:15 Morning Refresher 10:30 - 10:45 Church Service - TV 1:30 - 2:30 Football & Fingernails 2:15 - 2:30 Afternoon Refreshments 3:00 - 3:45 Puzzles & Games 6:30 - 7:15 Evening Activity	30 9:00 (MW) Exercise 9:30 - 10:00 Monday Mind Time 10:00 - 10:15 Morning Refresher 11:00 - 11:45 Baking Corner 1:15 - 2:15 Bus Outing 2:15 - 2:30 Afternoon Refreshments 2:30 - 3:30 Arts & Crafts 3:30 - 4:30 Up and Active Skills 6:30 - 7:15 Evening Activity	31 9:00 (MW) Exercise 9:30 - 10:00 Tuesday's Top 10 10:00 - 10:15 Morning Refresher 10:30 - 11:15 Holiday Crafts 1:00 - 1:30 Quiet Moments/Rosary 1:30 - 2:30 Nail & Hand Care 2:15 - 2:30 Afternoon Refreshments 3:00 - 4:15 Up and Active 6:30 - 7:15 Evening Activity				

MONTHLY HIGHLIGHT

- 5 Magic Show
- 12 Tom Brown Pianolist
- 17 Steve Elston
- 23 Ireland Virtual Tour
- 24 Ireland Inspired Craft
- 25 Ireland Crossword Puz
- 27 Ray Hoskins
- 27 Irish Dinner
- 28 Irish Soda Bread

HAPPY BIRTHDAY!

- 1/1 Dave T.
- 1/3 Herb H.
- 1/6 Doris E.
- 1/8 Dave W.
- 1/9 Elaine K.
- 1/14 Marge J.
- 1/14 Marge J.
- 1/25 Janice M.
- 1/29 Darleen C.
- 1/31 Angie S.



ACTIVITY KEY

- S** 1st Floor Sun-room
- LV2** 2nd Floor Living Room
- 2SW** 2nd Floor Sun-room West
- 50D** 50's Diner
- BP** Back Patio
- BAL** Balcony
- BR** Bar
- BIS** Bistro
- BC** Business Center
- DR** Dining Room
- FSR** Four Seasons Room
- HC** Health Club
- L** Library
- LV1** Living Room First Floor
- ML** Main Lobby
- MW** Memory Way
- O** Outing
- PDR** Private Dining Room
- RK** Resident Kitchen
- SC** Spiritual Center
- T** Theater
- WL** West Parking Lot

